**Mental Health and Wellbeing Ebook Subscription - Suggested Social Media Posts**

1.

Dealing with peer pressure, exam stress, and other #mentalhealth concerns? The library is a great place to get free and safe support. We have an extensive selection of mood-boosting, mindfulness and meditation titles [link]

Reading can help!

[image]

2.

It’s #WellbeingWednesday! The library offers all users a safe and welcoming space to learn about positive #MentalHealth. Explore our great selection of ebooks on mindfulness, meditation and self-help.

Reading can help!

[image]

3.

The library is a great place to get free and safe mental health support. If you’re dealing with exam stress, and other mental health concerns, we have a great selection of mood-boosting, mindfulness, and meditation titles. [link]

Reading can help! #MentalHealth

[image]